

Healthy Learning Paths

Connecting Kids & the Power of Health



2016
ANNUAL REPORT

OUR MISSION

The mission of Healthy Learning Paths is to spread the power of health for children.



1. We believe there is an urgent need to end of the cycle of preventable diseases in children.
2. Our evidence-based health education programs help parents coach their children in best health practices.
3. Our health care professionals partner with communities to ignite action for the mental, physical, and social emotional health of children.

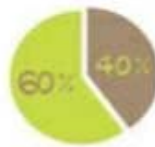
We served 946 children in 5 school districts this past year.



By May, 2016, Healthy Learning Paths taught 323 student lessons in 59 classrooms



Average cost per child per lesson less than \$16.



60% of children financially disadvantaged in the 2015/16 financial year.

OUR WORK



2015/16 HIGHLIGHTS



"As a hispanic family, sometimes it is hard to not have a lot of delicious junk food at home. Thanks to what Diego has learned, he brings it up and reminds me to make healthier food. He really respects his teachers and their knowledge and he practices what he learns in the classroom. Thank you!"

- Michelle H., Parent, Pioneer Elementary PreK

"This program continues to allow students to see a healthy life beyond just eating healthy. These social emotional lessons really allow students to understand that emotions and feelings are key components to a healthy life."

- Kylie Holmgren, Teacher, Sanborn Elementary



Parents report these changes in their children as a result of our programs in the classroom throughout the school year.

Healthy Learning Paths
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84%

Eating more fruits and vegetables



73%

Spending less time in front of TV/playing video games

76%

Sleeping better



81%

Had increased physical activity

98% Want my child to continue this program

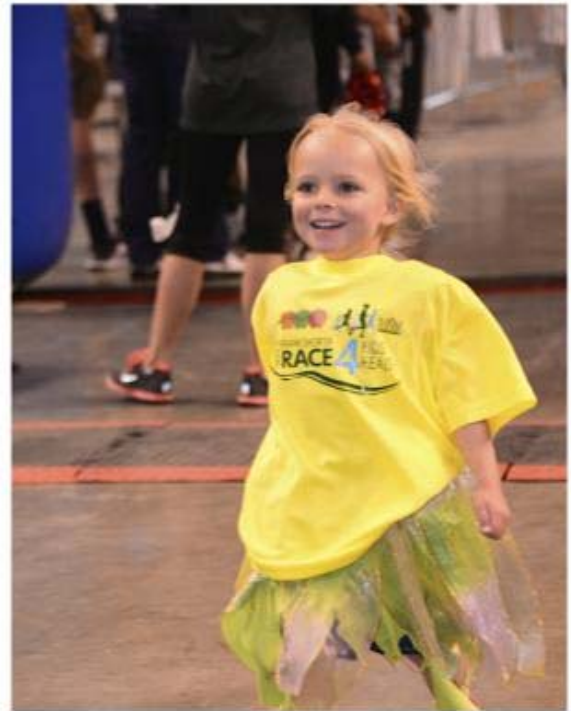
2015/16 HIGHLIGHTS

Healthy Learning Paths hosts the annual Frank Shorter RACE4Kids' Health and Expo: Where Science, Engineering and Health Collide4Kids. The community rallies around the health of children with:

Over 80 organizations that share hands on activities ranging from concussion prevention and brain health to the health of our planet Earth.

Over 3500 individuals including children of all ages participate in this event.

An inclusive environment where families experience best health practices together.



Healthy Learning Paths provided professional development trainings to over 330 early childhood educators.

Our health professionals partner with educators to share tools for the classroom that support the mental, physical, and social emotional health of children at school and at home.

We hosted a workshop at the 2015 International Bullying Prevention Association Conference in Denver for educators across the nation.

Healthy Learning Paths worked with community partners to complete new branding this year.

2015/16 BOARD OF DIRECTORS



As a pediatrician, I support Healthy Learning Paths because it is a high quality program with data that shows changes in health behaviors. The obesity epidemic is a huge problem that needs to change. Healthy Learning Paths reaches children, so they can learn healthy habits early in life."

- Dr. Heather Isaacson, Chair, Board of Directors

Heather Isaacson, MD, Chair, Board of Directors
Pediatrician, University of Colorado Health Longmont Clinic

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Special Education Instructor, Boulder Valley School District

Peter Powers, Board Member
Vice President Operations, Longmont United Hospital, Centura Health

Chris Marchioni, MD, Executive Director
Family Medicine, Non-voting Board Member

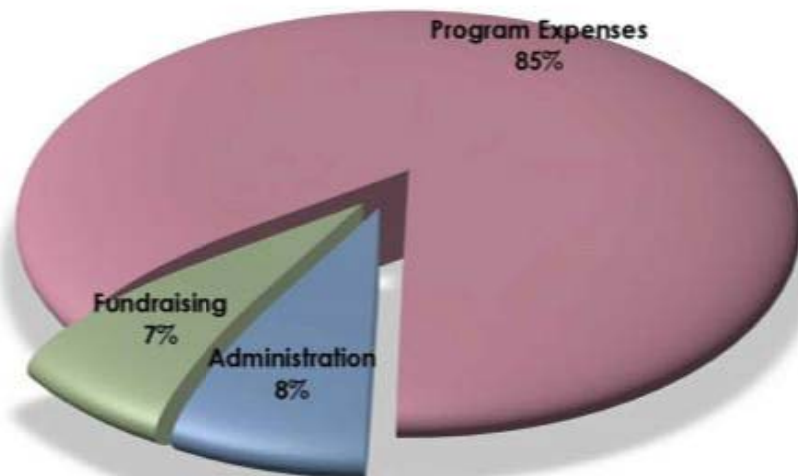
Maria Jose Torres, Program Director
Non-voting Board Member

2015/16 FINANCIAL REPORT

Healthy Learning Paths does a lot with little funds. We work very hard to put our assets into programming for children. With increased funding support, we could reach many more children. The information below covers the fiscal year from July 1, 2015 through June 30, 2016.

Total Income	\$243,741
Program Expenses	\$231,744
Fundraising Exp.	\$ 18,902
Administration Exp.	\$ 21,244
Total Expenses	\$271,890
End of Year Net Assets	\$ 34,893

Fiscal Year July 1, 2015-June 30, 2016 Expenses



OUR PLANS

Over the next year, we will continue to serve children and parents with our programs as we work to build our infrastructure to sustain and scale our work. We are exploring digital models to reach more educators through training programs. We seek long term corporate partners with an interest in expanding our model to stop preventable diseases in children.



Widen Our Reach & Impact

Every child benefits from first hand experience of the power of health. We work to energize educators with health skills that they can share and practice with students and families. To have wide scale impact, our programs must not be limited to financially disadvantaged, but offered to all children and families. We work to find partners to help widen our reach and impact both locally and nationally.



Eradicate Preventable Diseases in Children

We can achieve our goal to eradicate preventable diseases in children. Obesity and Type 2 diabetes developed in children due to cultural lifestyle changes. Together, we can end this cycle through education from health professionals, parents, teachers, and the community. We call you to action to help catalyze this change in our culture to support the healthy development of all children.

HELP US CONNECT KIDS TO THE POWER OF HEALTH



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